

How to determine which ICF preparatory path is the right fit for you.



You want to become an ICF credentialed coach. Congratulations!

The ICF values excellence in the coaching world and has been the leading standard setter since the inception of professional coaching.

Holding an ICF credential is a highly rewarding journey. It means that you have met the highest coaching standards and been trained by a quality program.

The ICF has two credentialing paths for newer coaches and one for seasoned coaches. Essentially, the ICF outlines three levels of coaching mastery: foundational, proficiency and master. In this overview we give you an overview of what to consider and how to determine which path is a better fit for you.



Level One: ACC Credential Path

The ICF has the Associate Certified Coach (ACC) level. In the coaching world this is like the equivalent of having a bachelor's degree in coaching.

ACC programs give you the foundation of coaching and enough basic coaching skills to be able to skillfully add coaching to another profession.

For example, if you are an HR Director and you want to imbed coaching into conversations with employees, or a team process, then ACC level training is perfect for your situation.

Another example of adding coaching skills to an already existing career is when consultants realize the client's mindset is impeding their progress. In this scenario, adding basic coaching skills helps the consultant up-level their client's capacity for success.

Level Two: PCC Credential Path

The next level up is their Professional Certified Coach (PCC) level. This level would be the equivalent of having a master's degree in the coaching world. This is the most sought-after level of training.

PCC level training is what the ICF considers a complete coach training. This level not only trains you in more advanced coaching skills, it also prepares you to contract with private clients.

At this level of training your skills are also evaluated and you are given feedback so you know if you are meeting quality coaching standards.

This level of training is the perfect path if you wish to establish yourself as a professional coach, launch a coaching business and contract with private clients, or companies.

Level Three: MCC Credential Path

The highest level is the Master Certified Coach (MCC). Holding an MCC credential would be akin to having a doctorate in coaching, in the coaching world.

MCC is an option once you have been a professional coach for years, completed 2500 hours of professional coaching and received Continuing Coach Education (CCE) after completing your PCC level training.

Which path is best for me?

To determine which path is the best fit for you, consider which of these three scenarios apply to you.

I am a Manager, Director of HR or other helping professional:

- ↔ Seeking to add coaching skills into my existing career path. → ACC
- ↔ Seeking to add coaching skills into my existing career path, and I am close to retirement and see coaching as my legacy work to give back. → PCC
- ↔ Feeling called to transition into leadership coaching and run a full-time or part-time coaching practice. → PCC

I am an Executive:

- ↔ Seeking to foster a coaching culture in my organization and start coaching my leadership team. → ACC
- ↔ 5-10 years away from retirement, finds meaning in self-development work and wishes to give back in my retirement years by coaching other up and coming leaders. A coaching practice helps me maintain a flexible schedule that allows me to travel and enjoy life as I give back. → PCC

I am a Psychologist, or therapist:

- ↔ Seeking to add coaching skills and self-actualization to my therapeutic approach. → ACC
- ↔ Feeling called to transition from therapy world into the coaching world. I am at a point in my career where I feel called to help people build a positive life and focus more self-actualization methods. → PCC

What does each path look like?

Each program is a combination of webinars and in-person training.

ACC path results in a Certificate of Hours completed. Graduates of the PCC path also obtain the Certified Professional Integrative Coach (CPIC) designation.

	HRS	ACC	CPIC/PCC
COACHING FOUNDATIONS			
Orientation - Webinar	1		
Coaching Foundations - Webinars	6	✓	✓
Coaching Fundamentals & Creating Clarity <i>(4 Day In-person Training - Tucson, AZ)</i>	30	✓	✓
Time, Life, Business Management Webinars	12	✓	✓
ADVANCED CONCEPTS			
PCC Skills Phase Two Skills - Webinar	2	✓	✓
Coaching Mastery - Webinars	12	Pick 3 webinars	✓
Integrative Development & EQ <i>(4 Day In-person Training - Tucson, AZ)</i>	30		✓
CERTIFICATION			
25 Hours of Coaching	25		✓
3 Sessions Mentor Coaching	3	✓**	✓
6 Hours of Coaching Supervision	6		✓
Performance Evaluation	n/a		✓
ICF Coach Knowledge Assessment (CKA) prep	n/a	✓	✓
PROGRAM TOTALS:		60 HOURS	127 HOURS

**The ICF requires ACC applicants to complete 10 hours of mentor coaching. Our ACC path includes all 10 hours. 7 are completed in class. 3 are private mentoring sessions.

Why IICT?

We are here because we care about these key aspects of your experience as a student with us:

1. Quality over quantity: We keep class sizes low so that you received personalized support each step of the way. We get to know you, your vision and we adapt our approach in support of your goals.
2. Comprehensive: We include everything you need to succeed. All of the ICF requirements are included within the program you choose. Not only that, we also prep you for the ICF's Coach Knowledge Assessment (CKA) exam. We are not just about obtaining hours, we are about obtaining mastery.
3. Heart-felt: We don't just show up and lecture. We include discussion, practice and experiential training. We have fun engaging your mastery from a mind, body and spirit approach. We get you thinking, help you take action and we make learning fun and inviting by offering a deeply meaningful approach.



“The Institute for Integrative Coach Training was the most comprehensive, the most friendly, the most supportive program I could have imagined. I thank Laurel, Tabitha, Dori and Howie for making this experience a life changer for me. This was a gift. Thank you!”

Rose Snyder of
Rose Snyder Consulting
www.rosesnyderconsulting.com

What does tuition cover?

When you train with us you gain a success team. We include everything you need:

Tuition Includes:	ACC TRACK \$6,200 60 hrs.	CPIC/PCC TRACK \$10,000 127 hrs.
ICF Approved/Accredited Coach Training Hours	✓	✓
Coaching Manuals / Materials / Binder	✓	✓
Business Launch Blueprint		✓
4 Day Coaching Intensive Fundamentals	✓	✓
4 Day Coaching Intensive Advanced		✓
Personalized support in and out of class	✓	✓
Learning Portal	✓	✓
6 Private Coaching Supervision Sessions		✓
3 Private ACC / PCC Level Mentor Coaching Sessions	✓	✓
Performance Evaluation – PCC Level Skills		✓
ICF Coach Knowledge Assessment (CKA) preparation	✓	✓
Certification & Graduate Emblems		✓
Photos for your website/marketing (optional)		✓

See what our graduates have to say:

>> [The IICT Experience](#) <<

Or, review our application process:

>> [APPLICATION](#) <<

www.IntegrativeCoachTraining.com