

Coaching Foundations - LEVEL ONE -

MODULE 1 – Coaching Fundamentals			
May 21 st	Coaching Distinctions & Standards	6 Hrs.	2-4pm ET Tuesday Webinars
28 th	Understanding the Anatomy of Impact		
Jun. 4 th	Partnering for Possibility		
MODULE 2 – Integrating Human Intelligence			
Oct. 17 th -19 th	3-Day Virtual Learning Intensive #1	22 Hrs.	Noon- 7pm ET Th-Sat
MODULE 3 – Developing Self-Mastery in Clients			
Oct. 30 th	Adopting the Six Points of Empowerment / Practicum	14 Hrs.	2-4pm ET Wednesday Webinars
Nov. 6 th	Inviting Highest Self / Practicum		
13 th	Managing Time Through Core Values / Practicum		
20 th	Discovering the Anatomy of Peace – Part I		
Dec. 4 th	Discovering the Anatomy of Peace – Part II		
11 th	Mastering Your Mindset / Practicum		
Jan. 8 th	PHASE TWO – Coaching Competency		
MODULE 6 – ACC Mentoring			
Starts Jan. 15th (Self-paced)	Program Prerequisite- 2 Coaching Sessions (2 Hrs.) 15 Practice Sessions w/Reflection Forms (15 Hrs.) 3 Self-Assessments (3 Hrs.)	23 Hrs.	Phone E-mail Zoom
Program closes: May 15 th , 2025	3 Private Mentor Coaching Sessions (3 Hrs.) ACC Level Performance Evaluation		
VIRTUAL GRADUATION CEREMONY – October 20 th , 2025 - 6-7pm ET			
		65 Hrs.	Total Program

TUITION: Level ONE- Coaching Foundations (Modules 1-3, 6) - \$6,600

\$600 deposit is required to hold your spot.
Full tuition for Level One is due September 1st.



Additional Webinar Dates:

- **Orientation – Required for Level 1** Wednesday, October 9th 2-3pm ET
- HeartMath® Mindfulness Practices TBD

The Coaching Foundations LEVEL ONE Program includes:

1. 65 ICF Accredited Training hours – LEVEL ONE
2. ACC level training and mentoring
3. Personal support in and outside of class time
4. Modules 1-3 Course Materials
5. Enneagram Coaching Manual
6. Student Learning Portal
7. 3 Private Mentor Coaching Sessions
8. Certificate of Completion
9. ICF Exam Prep
10. ICF Credentialing Prep
11. Discounts on future programs
12. Membership to private Facebook Alumni group



Additional Fees to Plan For:

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| 1. Required Books | < \$100 |
| 2. Prerequisite: 2 Coaching Sessions | \$0-\$200 (Fees vary) |
| 3. Enneagram Assessment | \$20 (optional) |
| 4. Transcripts for coaching sessions | \$75-240 (optional) |
| 5. Missed class fees & tutoring | See Enrollment Agreement for Fees |