



Coaching Foundations - LEVEL ONE -

| MODULE 1 – Coaching Fundamentals | | | |
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| Mar. 22 nd | Coaching Distinctions & Standards Understanding the Anatomy of Impact Partnering for Possibility | 6 Hrs. | 11am-6pm ET Friday Webinar |
| MODULE 2 – Integrating Human Intelligence | | | |
| Apr. 4 th -6 th | 3-Day Virtual Learning Intensive #1 | 22 Hrs. | Noon- 7pm ET Th-Sat |
| MODULE 3 – Developing Self-Mastery in Clients | | | |
| Apr. 17 th 24 th May 1 st 8 th 15 th 22 nd 29 th | Adopting the Six Points of Empowerment / Practicum Inviting Highest Self / Practicum Managing Time Through Core Values / Practicum Discovering the Anatomy of Peace – Part I Discovering the Anatomy of Peace – Part II Mastering Your Mindset / Practicum PHASE TWO – Coaching Competency | 14 Hrs. | 2-4pm ET Wednesday Webinars |
| MODULE 6 – ACC Mentoring | | | |
| Starts Jun. 1 st (Self-paced) Program closes: Sept. 30 th | Program Prerequisite- 2 Coaching Sessions (2 Hrs.) 3 Group Mentoring Sessions (3 Hrs.) 15 Practice Sessions w/Reflection Forms (15 Hrs.) 3 Private Mentor Coaching Sessions (3 Hrs.) ACC Level Performance Evaluation | 23 Hrs. | Phone E-mail Zoom |
| VIRTUAL GRADUATION CEREMONY - March 3 rd , 2025 - 6-7pm ET | | | |
| | | 65 Hrs. | Total Program |

TUITION: Level ONE- Coaching Foundations (Modules 1-3, 6) - \$6,600

\$600 deposit is required to hold your spot.
Full tuition for Level One is due February 29th.

Additional Webinar Dates:

- **Orientation – Required for Level 1** April 1st 5-6pm ET
- Business Launch Blueprint TBD
- HeartMath® Mindfulness Practices TBD

The Coaching Foundations LEVEL ONE Program includes:

1. 65 ICF Accredited Training hours – LEVEL ONE
2. ACC level training and mentoring
3. Personal support in and outside of class time
4. Modules 1-3 Course Materials
5. Enneagram Coaching Manual
6. Student Learning Portal
7. 3 Private Mentor Coaching Sessions
8. Certificate of Completion
9. ICF Exam Prep
10. ICF Credentialing Prep
11. Discounts on future programs
12. Membership to private Facebook Alumni group



Additional Fees to Plan For:

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|--------------------------------------|-------------------------------|
| 1. Required Books | < \$100 |
| 2. Prerequisite: 2 Coaching Sessions | \$0-\$200 (Fees vary) |
| 3. Enneagram Assessment | \$20 (optional) |
| 4. Transcripts for coaching sessions | \$75-240 (optional) |
| 5. Missed class make-up tutoring | See Student Contract for Fees |

ARIZONA residents time zone changes:

- Weekly classes run 11am-1pm AZ / Both Intensives run 9am – 4pm AZ