

Coaching Foundations - LEVEL ONE -

MODULE 1 – Coaching Fundamentals			
Mar. 26 th Apr. 2 nd 9 th	Coaching Distinctions & Standards Understanding the Anatomy of Impact Partnering for Possibility	6 Hrs.	2-4pm ET Wednesday Webinars
Apr. 23 rd	Program Orientation – 1 hour Wednesday Webinar		2-3pm ET
MODULE 2 – Integrating Human Intelligence			
May 1 st -3 rd	3-Day Virtual Learning Intensive #1	22 Hrs.	Noon- 7pm ET Th-Sat
MODULE 3 – Developing Self-Mastery in Clients			
May 14 th 21 st 28 th Jun. 4 th 11 th 18 th 25 th	Adopting the Six Points of Empowerment / Practicum Inviting Highest Self / Practicum Managing Time Through Core Values / Practicum Discovering the Anatomy of Peace – Part I Discovering the Anatomy of Peace – Part II Mastering Your Mindset / Practicum PHASE TWO – Coaching Competency	14 Hrs.	2-4pm ET Wednesday Webinars
MODULE 6 – ACC Mentoring			
Starts July 1 st (Self-paced)	Program Prerequisite- 2 Coaching Sessions (2 Hrs.) 15 Practice Sessions w/Reflection Forms (15 Hrs.) 3 Self-Assessments (3 Hrs.) 3 Private Mentor Coaching Sessions (3 Hrs.) ACC Level Performance Evaluation	23 Hrs.	Phone E-mail Zoom
Level One Program Closes: October 31 st , 2025			
		65 Hrs.	Total Program

TUITION: Level ONE- Coaching Foundations (Modules 1-3, 6) - \$6,600

\$600 deposit is required to hold your spot.

Full tuition for Level One is due by February 28th.

Additional Webinar Dates:

- HeartMath® Mindfulness Practices TBD

The Coaching Foundations LEVEL ONE Program includes:

1. 65 ICF Accredited Training hours – LEVEL ONE
2. ACC level training and mentoring
3. Personal support in and outside of class time
4. Modules 1-3 Course Materials
5. Enneagram Coaching Manual
6. Student Learning Portal
7. 3 Private Mentor Coaching Sessions
8. Certificate of Completion
9. ICF Exam Prep
10. ICF Credentialing Prep
11. Discounts on future programs
12. Membership to private Facebook Alumni group



Additional Fees to Plan For:

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| 1. Required Books | < \$100 |
| 2. Prerequisite: 2 Coaching Sessions | \$0-\$200 (Fees vary) |
| 3. Enneagram Assessment | \$20 (optional) |
| 4. Transcripts for coaching sessions | \$75-240 (optional) |
| 5. Missed class fees & tutoring | See Enrollment Agreement for Fees |